

Health care providers can support women with babies during a bushfire period

Health care providers are best placed to support women and babies during emergency events such as bushfires



WHAT CAN HEATHCARE PROVIDERS DO?



Ensure access to lactation support



Create safe and comfortable locations for infant feeding



Ensure that women have the support of significant others



Reassure mothers that breastfeeding can provide enough nutrition for babies in the absence of safe complimentary foods



Support breastfeeding by ensuring adequate nutrition and hydration of the mother



Ensure adequate rest and psychological support for mother



Encourage women to continue breastfeeding rather than weaning



Ensure that there is enough detergent/sanitiser