

Formula feeding during bushfire periods

Natural disasters including bushfires can have profound impacts on infant feeding methods. The safe preparation and provision of formula requires access to sterilising facilities, equipment and a clean water supply, which may be compromised during bushfire events.



Tips for formula feeding during bushfire periods



Have a supply of unopened formula available



Use bottled water if clean water is unavailable



Have option for sterilising equipment e.g Milton



Use ready to use formula if needed

Emergency kit for a fully formula-fed baby

To cover 8 feeds per day for up to 3 days without access to mains water and electricity prepare:

- ✓ 1 unopened tin of infant formula
- ✓ 14 small bottles of water for making up formula
- ✓ 15L water for washing hands & preparation area
- ✓ 27 feeding bottles and teats (one for each feed)
- ✓ detergent/sanitiser for washing hands and preparation area
- ✓ 100 sheets paper towel for drying hands and preparation area
- ✓ large storage container with sealing lid, the lid to be used as a preparation surface
- ✓ 36 nappies and 100 nappy wipes