

## NEWCASTLE LARYNGEAL HYPERSENSITIVITY QUESTIONNAIRE

Please circle the answer that best describes you currently. Be sure to only select one response:

**EXAMPLE: I watch television**

All of of time time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None the 7
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1) There is an abnormal sensation in my throat: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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2) I feel phlegm and mucous in my throat: (TT)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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3) I have pain in my throat: (P/Th)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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4) I have a sensation of something stuck in my throat: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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5) My throat is blocked: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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6) My throat feels tight: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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7) There is an irritation in my throat: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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8) I have a sensation of something pushing on my chest:

(P/Th)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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9) I have a sensation of something pressing on my throat:

(O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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10) There is a feeling of constriction as though needing to inhale a large amount of air: (O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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11) Food catches when I eat or drink:

(O)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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12) There is a tickle in my throat:

(TT)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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13) There is an itch in my throat:

(TT)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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14) I have a hot or burning sensation in my throat:

(P/Th)

All of time 1	Most of the time 2	A good bit of the time 3	Some of the time 4	A little of of the time 5	Hardly any of the time 6	None of the time 7
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**Office use only:**

TOTAL OBSTRUCTION (O) SCORE =

AVERAGE OBSTRUCTION SCORE = (TOTAL SCORE/8)

TOTAL PAIN/THERMAL (P/Th) SCORE =

AVERAGE PAIN/THERMAL SCORE = (TOTAL SCORE/3)

TOTAL THROAT TICKLE (TT) SCORE =

AVERAGE THROAT TICKLE SCORE = (TOTAL SCORE/3)

**TOTAL LHQ SCORE = (AVERAGE OBSTRUCTION + AVERAGE PAIN/THERMAL + AVERAGE THROAT TICKLE)**

## Newcastle Laryngeal Hypersensitivity Questionnaire Worksheet

Name / Identifier	Newcastle Laryngeal Hypersensitivity Questionnaire Question	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Total Score	Obstruction	Irritation	Pain / Thermal
	Abnormal sensation	Phlegm / Mucus	Pain	Something Stuck	Blocked Throat	Tight Throat	Throat Irritation	Pushing on Chest	Pressing on throat	Constriction	Food Catches	Throat Tickle	Throat Itch	Hot or Burning Sensation					

This worksheet calculates the component and total score for the Newcastle Laryngeal Hypersensitivity Questionnaire

**A normal value on the questionnaire is > 17.1**  
**The minimum clinically important difference is 1.7**

**More information about the questionnaire is available in:**  
[Vertigan, Bone & Gibson. 2014. Development and Validation of the Newcastle Laryngeal Hypersensitivity Questionnaire. \*Cough\*.10\(1\):1. doi:10.1186/1745-9974-10-1](#)