

Severe Asthma Diagnosis & Assessment

FIRST CONSIDER....

IS IT ASTHMA?

PERFORM

- Medical history
- Clinical questionnaires
- Physical examination
- Assessment of variable airflow limitation (spirometry)
- Comorbidity assessment

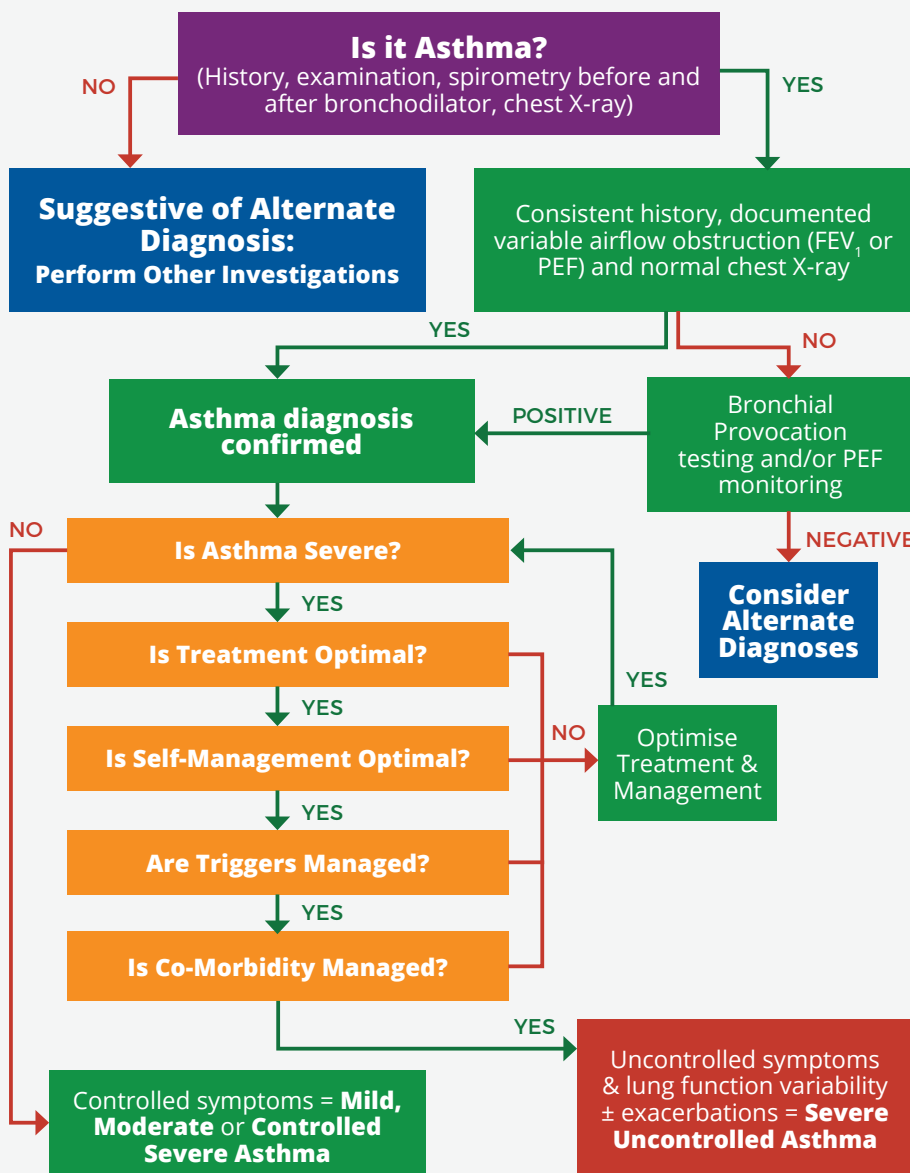


IS THE ASTHMA SEVERE?

- Requires high dose treatment
- Assess adherence
- Assess inhaler technique
- Assess aggravating factors



SYSTEMATIC MULTIDIMENSIONAL ASSESSMENT IS IMPORTANT AND IMPROVES ASTHMA OUTCOMES



SYSTEMATIC ASSESSMENT CAN:

- Confirm an asthma diagnosis
- Assess for alternative diagnoses
- Address self-management skills and triggers
- Identify and manage co-morbidities
- Identify disease mechanism (endotype) for targeted treatment
- Improve quality of life, asthma control and reduce attacks