

## Diagnosis confirmed?



## Is it severe?

Poor control
Airflow obstruction
Frequent exacerbations
Life-threatening episodes



controller

## Is treatment optimised?

High-dose ICS &
LABA or other controller
or
Moderate dose ICS & > I



## Multidimensional Assessment

Optimise self management skills Identify & manage triggers Identify & manage comorbidities Phenotyping Social & environmental

